

All of us must deal with problems that could rob us of peace. This article discusses three things that Jesus did and that we can do to remain at peace, even when we are enduring severe trials.

(Philippians 4:7) and the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.

Paragraph 2

(John 14:27) I leave you peace; I give you my peace. I do not give it to you the way that the world gives it. Do not let your hearts be troubled nor let them shrink out of fear.

(Philippians 4:6, 7) Do not be anxious over anything, but in everything by prayer and supplication along with thanksgiving, let your petitions be made known to God; 7 and the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.

Paragraph 3

(Matthew 16:24, 25) Then Jesus said to his disciples: “If anyone wants to come after me, let him disown himself and pick up his torture stake and keep following me. 25 For whoever wants to save his life will lose it, but whoever loses his life for my sake will find it.

(John 15:20) Keep in mind the word I said to you: A slave is not greater than his master. If they have persecuted me, they will also persecute you; if they have observed my word, they will also observe yours.

Paragraph 4

(1 Thessalonians 5:17) Pray constantly.

(1 Corinthians 11:23-25) For I received from the Lord what I also handed on to you, that the Lord

Jesus on the night on which he was going to be betrayed took a loaf, 24 and after giving thanks, he broke it and said: “This means my body, which is in your behalf. Keep doing this in remembrance of me.” 25 He did the same with the cup also, after they had the evening meal, saying: “This cup means the new covenant by virtue of my blood. Keep doing this, whenever you drink it, in remembrance of me.”

(John 17:1-26) Jesus spoke these things, and raising his eyes to heaven, he said: “Father, the hour has come. Glorify your son so that your son may glorify you, 2 just as you have given him authority over all flesh, so that he may give everlasting life to all those whom you have given to him. 3 This means everlasting life, their coming to know you, the only true God, and the one whom you sent, Jesus Christ. 4 I have glorified you on the earth, having finished the work you have given me to do. 5 So now, Father, glorify me at your side with the glory that I had alongside you before the world was. 6 “I have made your name manifest to the men whom you gave me out of the world. They were yours, and you gave them to me, and they have observed your word. 7 Now they have come to know that all the things you gave me are from you; 8 because I have given them the sayings that you gave me, and they have accepted them and have certainly come to know that I came as your representative, and they have believed that you sent me. 9 I make request concerning them; I make request, not concerning the world, but concerning those whom you have given me, because they are yours; 10 and all my things are yours and yours are mine, and I have been glorified among them. 11 “I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, watch over them on account of your own name, which you have given me, so that they may be one just as we are one. 12 When I was with them, I used to watch over them on account of your own name, which you have given me; and I have protected them, and not one of them is destroyed except the son of destruction, so that the scripture might be

fulfilled. 13 But now I am coming to you, and I am saying these things in the world, so that they may have my joy made complete in themselves. 14 I have given your word to them, but the world has hated them, because they are no part of the world, just as I am no part of the world. 15 “I do not request that you take them out of the world, but that you watch over them because of the wicked one. 16 They are no part of the world, just as I am no part of the world. 17 Sanctify them by means of the truth; your word is truth. 18 Just as you sent me into the world, I also sent them into the world. 19 And I am sanctifying myself in their behalf, so that they also may be sanctified by means of truth. 20 “I make request, not concerning these only, but also concerning those putting faith in me through their word, 21 so that they may all be one, just as you, Father, are in union with me and I am in union with you, that they also may be in union with us, so that the world may believe that you sent me. 22 I have given them the glory that you have given me, in order that they may be one just as we are one. 23 I in union with them and you in union with me, in order that they may be perfected into one, so that the world may know that you sent me and that you loved them just as you loved me. 24 Father, I want those whom you have given me to be with me where I am, in order that they may look upon my glory that you have given me, because you loved me before the founding of the world. 25 Righteous Father, the world has, indeed, not come to know you, but I know you, and these have come to know that you sent me. 26 I have made your name known to them and will make it known, so that the love with which you loved me may be in them and I in union with them.”

(Matthew 26:36-39) Then Jesus came with them to the spot called Geth·sem'a·ne, and he said to the disciples: “Sit down here while I go over there and pray.” 37 And taking along Peter and the two sons of Zeb'e-dee, he began to feel grieved and to be greatly troubled. 38 Then he said to them: “I am deeply grieved, even to death. Stay here and keep on the watch with

me.” 39 And going a little way forward, he fell facedown, praying: “My Father, if it is possible, let this cup pass away from me. Yet, not as I will, but as you will.”

(Matthew 26:42) Again, a second time, he went off and prayed: “My Father, if it is not possible for this to pass away unless I drink it, let your will take place.”

(Matthew 26:44) So leaving them, he again went off and prayed for a third time, saying once more the same thing.

(Luke 23:46) And Jesus called out with a loud voice and said: “Father, into your hands I entrust my spirit.” After he said this, he expired.

Paragraph 5

(Matthew 26:40, 41) He returned to the disciples and found them sleeping, and he said to Peter: “Could you not so much as keep on the watch for one hour with me? 41 Keep on the watch and pray continually, so that you may not enter into temptation. The spirit, of course, is eager, but the flesh is weak.”

(Matthew 26:43) And he came again and found them sleeping, for their eyes were heavy.

(Matthew 26:45) Then he returned to the disciples and said to them: “At such a time as this, you are sleeping and resting! Look! The hour has drawn near for the Son of man to be betrayed into the hands of sinners.

(Matthew 26:56) But all of this has taken place for the writings of the prophets to be fulfilled.” Then all the disciples abandoned him and fled.

Paragraph 6

(Luke 17:5) Now the apostles said to the Lord: “Give us more faith.”

(John 14:1) “Do not let your hearts be troubled. Exercise faith in God; exercise faith also in me.

(Luke 22:31) “Simon, Simon, look! Satan has demanded to have all of you to sift you as wheat.

(1 Peter 5:6, 7) Humble yourselves, therefore, under the mighty hand of God, so that he may exalt you in due time, 7 while you throw all your anxiety on him, because he cares for you.

Paragraph 7

(Philippians 4:6, 7) Do not be anxious over anything, but in everything by prayer and supplication along with thanksgiving, let your petitions be made known to God; 7 and the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.

Paragraph 8

(John 8:29) And the One who sent me is with me; he did not abandon me to myself, because I always do the things pleasing to him.”

(Proverbs 8:30) Then I was beside him as a master worker. I was the one he was especially fond of day by day; I rejoiced before him all the time;

(Matthew 6:9) “You must pray, then, this way: “Our Father in the heavens, let your name be sanctified.

(John 5:17) But he answered them: “My Father has kept working until now, and I keep working.”

(John 4:34-36) Jesus said to them: “My food is to do the will of him who sent me and to finish his work. 35 Do you not say that there are yet four months before the harvest comes? Look! I say to you: Lift up your eyes and view the fields, that they are white for harvesting. Already 36 the reaper is receiving wages and gathering fruit for everlasting life, so that the sower and the reaper may rejoice together.

Paragraph 9

(1 Corinthians 15:58) Therefore, my beloved brothers, be steadfast, immovable, always having plenty to do in the work of the Lord, knowing that your labor is not in vain in connection with the Lord.

(Acts 18:5) When, now, both Silas and Timothy came down from Mac·e·do'ni·a, Paul began to be intensely occupied with the word, witnessing to the Jews to prove that Jesus is the Christ.

Paragraph 11

(Proverbs 18:24) There are companions ready to crush one another, But there is a friend who sticks closer than a brother.

(John 7:3-5) So his brothers said to him: “Leave here and go into Ju·de'a, so that your disciples may also see the works you are doing. 4 For no one does anything in secret when he seeks to be known publicly. If you are doing these things, show yourself to the world.” 5 His brothers were, in fact, not exercising faith in him.

(Mark 3:21) But when his relatives heard about it, they went out to seize him, for they were saying: “He has gone out of his mind.”

(Luke 22:28) “However, you are the ones who have stuck with me in my trials;

Paragraph 12

(Matthew 26:40) He returned to the disciples and found them sleeping, and he said to Peter: “Could you not so much as keep on the watch for one hour with me?

(Mark 10:13, 14) People now began bringing him young children for him to touch them, but the disciples reprimanded them. 14 At seeing this, Jesus was indignant and said to them: “Let the young children come to me; do not try to stop them, for the Kingdom of God belongs to such ones.

(John 6:66-69) Because of this, many of his disciples went off to the things behind and would no longer walk with him. 67 So Jesus said to the Twelve: "You do not want to go also, do you?" 68 Simon Peter answered him: "Lord, whom shall we go away to? You have sayings of everlasting life. 69 We have believed and have come to know that you are the Holy One of God."

(John 15:15) I no longer call you slaves, because a slave does not know what his master does. But I have called you friends, because I have made known to you all the things I have heard from my Father.

(Luke 10:17) Then the 70 returned with joy, saying: "Lord, even the demons are made subject to us by the use of your name."

(Luke 10:21) In that very hour he became overjoyed in the holy spirit and said: "I publicly praise you, Father, Lord of heaven and earth, because you have carefully hidden these things from wise and intellectual ones and have revealed them to young children. Yes, O Father, because this is the way you approved.

Paragraph 13

(Luke 10:38-42) Now as they went on their way, he entered into a certain village. Here a woman named Martha received him as a guest in her house. 39 She also had a sister called Mary, who sat down at the feet of the Lord and kept listening to what he was saying. 40 Martha, on the other hand, was distracted with attending to many duties. So she came to him and said: "Lord, does it not matter to you that my sister has left me alone to attend to things? Tell her to come and help me." 41 In answer the Lord said to her: "Martha, Martha, you are anxious and disturbed about many things. 42 A few things, though, are needed, or just one. For her part, Mary chose the good portion, and it will not be taken away from her."

(John 12:1, 2) Six days before the Passover, Jesus arrived at Beth'a·ny, where Laz'a·rus was, whom Jesus had raised up from the dead. 2 So they spread an evening meal for him there, and Martha was serving them, but Laz'a·rus was one of those dining with him.

(Luke 8:3) Jo·an'na the wife of Chu'za, Herod's man in charge; Su·san'na; and many other women, who were ministering to them from their belongings.

Paragraph 14

(Matthew 7:12) "All things, therefore, that you want men to do to you, you also must do to them. This, in fact, is what the Law and the Prophets mean.

(Ephesians 4:28) Let the one who steals steal no more; rather, let him do hard work, doing good work with his hands, so that he may have something to share with someone in need.

(Acts 20:35) I have shown you in all things that by working hard in this way, you must assist those who are weak and must keep in mind the words of the Lord Jesus, when he himself said: 'There is more happiness in giving than there is in receiving.'

Paragraph 15

(Job 32:4) E·li'hu had been waiting to respond to Job, because they were older than he was.

(Proverbs 15:22) Plans fail when there is no consultation, But there is accomplishment through many advisers.

(2 Samuel 17:27-29) As soon as David came to Ma·ha·na'im, Sho'bi the son of Na'hash from Rab'bah of the Am'mon·ites, Ma'chir the son of Am'mi·el from Lo-de'bar, and Bar-zil'lai the Gil'e·ad·ite from Ro·ge'lim 28 brought beds, basins, clay pots, wheat, barley, flour, roasted grain, broad beans, lentils, parched grain, 29 honey, butter, sheep, and cheese. They

brought all of this out for David and the people with him to eat, for they said: “The people are hungry and tired and thirsty in the wilderness.”

(James 1:17) Every good gift and every perfect present is from above, coming down from the Father of the celestial lights, who does not vary or change like the shifting shadows.

Paragraph 16

(Philippians 4:6, 7) Do not be anxious over anything, but in everything by prayer and supplication along with thanksgiving, let your petitions be made known to God; 7 and the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.

(1 John 2:12) I am writing you, little children, because your sins have been forgiven you for the sake of his name.

(Isaiah 65:17) For look! I am creating new heavens and a new earth; And the former things will not be called to mind, Nor will they come up into the heart.

(1 John 3:8) The one who practices sin originates with the Devil, because the Devil has been sinning from the beginning. For this purpose the Son of God was made manifest, to break up the works of the Devil.

(Revelation 21:3, 4) With that I heard a loud voice from the throne say: “Look! The tent of God is with mankind, and he will reside with them, and they will be his people. And God himself will be with them. 4 And he will wipe out every tear from their eyes, and death will be no more, neither will mourning nor outcry nor pain be anymore. The former things have passed away.”

(Matthew 28:19, 20) Go, therefore, and make disciples of people of all the nations, baptizing them in the name of the Father and of the Son

and of the holy spirit, 20 teaching them to observe all the things I have commanded you. And look! I am with you all the days until the conclusion of the system of things.”

Paragraph 17

(John 16:33) I have said these things to you so that by means of me you may have peace. In the world you will have tribulation, but take courage! I have conquered the world.”